

Cuba: showcasing how the continuous IAEA support has impacted the lives of ailing patients within a span of 10 years

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Nuclear Techniques in Human Health

Prevention, Diagnosis, Treatment

Institute of Cardiology Havana, Cuba



# Epidemiology of cardiovascular diseases

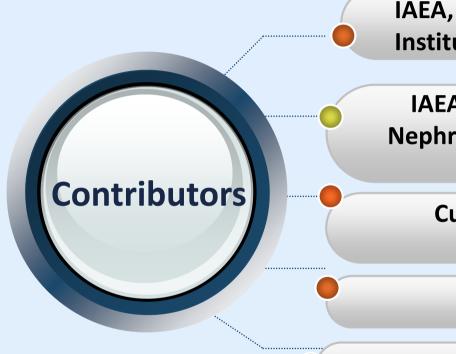
Main causes of death Cuba. Years 2000, 2015, 2016

	2000		2015		2016	
	Deaths	Rate	Deaths	Rate	Deaths	Rate
Heart Diseases	20 258	181.1	24 646	219.6	24 462	217.7
Cancer	16 426	146.8	24 333	216.8	24 303	216.3
Cerebrovascular Diseases	8 143	72.8	9 320	83.0	9 465	84.2

Rate per 100 000 inhabitants

Source: Cuban Ministry of Health, 2016

## **Nuclear Cardiology in Cuba**



IAEA, TC Project: 6016 Nuclear Cardiology, Institutes of Cardiology and Nephrology

IAEA, TC Project: 6018, CIC & Institute
Nephrology (1st. SPECT-CT, introduction of hybrid imaging)

**Cuban Agency of Nuclear Energy & Advanced Technologies** 

**Ministry of Health** 

**Isotopes Center, CENTIS** 

# CUB/6/016: "Strengthening Nuclear Cardiology in Cuba for Diagnosis and Treatment of Coronary Heart Disease Patients". End: 2009

OBJECTIVE	REDUCED MORTALITY BY CORONARY HEART DISEASE (CHD)		
OUTCOME	DIAGNOSIS OF PATIENTS WITH CHD IMPROVED BY NUCLEAR CARDIOLOGY TECHNIQUES		
OUTPUTS	•STUDY PROTOCOL OF CHD IMPLEMENTED •SPECT TECHNOLOGY INCORPORATED		
ACTIVITIES	<ul> <li>TRAINING, WORKSHOPS</li> <li>SET-UP AND GENERALIZATION OF Protocols</li> <li>GAMMACAMERA INSTALLATION</li> </ul>		

#### **Problem solution**

#### - Cuban contribution:





Inst. Cardiology before 2008

Inst. Cardiology May 2009

### The impact of IAEA contribution.....



Two Nuclear
Medicine
Departments
totally equipped



November
2012:
Nuclear
Cardiology
Section
(Cuban
Society of
Cardiology)





Medical Care Teaching



Research Cooperation



#### **MEDICAL CARE**

# Cardiac SPECT Number of patients studied



Institutes of Cardiology & Nephrology, CIC, Ameijeiras Hospital

■ Number of SPECT studies









Resources: Strengthening Nuclear Cardiology in Cuba: Success Story

Saving Lives in Cuba with Nuclear Cardiology

http://www-naweb.iaea.org/na/

#### **Coordinated Research Projects** Participation in 7 CRPs - Scientific Production

ORIGINAL ARTICLE

J Nucl Cardiol 2011;18:398

Interrelationship between myocardial perfusion imaging, coronary calcium score, and endothelial function in asymptomatic diabetics and controls

Amalia Peix, MD, DSc, Lázaro O. Cabrera, MD, Flor Heres, MD, b Lydia Rodríguez, BSc, Alexander Valdés, MD, Iluan Valiente, MD, d Raymid García, MD. d Manuel Licea, MD, e Vladimir Mendoza, MD, f Francisco Gárciga, MD, e Yaquelin Rodríguez, BSc, g Regla Carrillo, NMT, a Erick Mena, BSc, a Yoel Fernández, BSc, a Minerva Montero. PhD. a and Maurizio Dondi, MD, PhDh

Detection of post-exercise stunning by early gated SPECT myocardial perfusion imaging: Results from the IAEA multi-center study

Fernando Mut, MD, a Raffaele Giubbini, MD, b Joao Vitola, MD, c Lara Lusa, PhD, d Dragana Sobic-Saranovic, MD, PhD, e Amalia Peix, MD, f Francesco Bertagna, MD, Dieu Hang Bui, MD, Carlos Cunha, MD, Lerry Obaldo, MD, Carlo Rodella, PhD,<sup>b</sup> Luca Camoni, MSc,<sup>b</sup> Diana Paez, MD,<sup>i</sup> and Maurizio Dondi, MD<sup>i</sup>

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Received May 21, 2014; accepted Jul 25, 2014 doi:10.1007/s12350-014-9983-4

Association between non-perfusion parameters and presence of ischemia in gated-SPECT myocardial perfusion imaging studies

Amalia Peix, Lázaro O. Cabrera, Kenia Padrón, Lydia Rodríguez, Jesús Fernández, Giselle López, Regla Carrillo, Erick Mena, et al.

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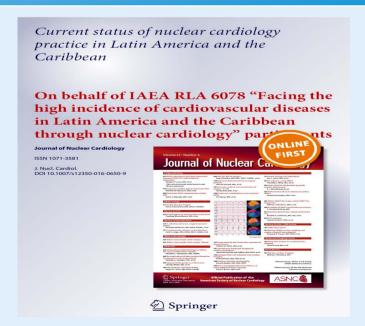




#### **Regional Projects**

RLA 6/070: "Harmonization of Nuclear Cardiology techniques in patients with heart failure, with emphasis on Chagas' cardiomyopathy" (2012-2014, DTM: Cuba)

RLA 6/078: "Facing the high incidence of cardiovascular diseases in Latin America and the Caribbean through nuclear cardiology" (2016-2018, DTM: Cuba)





OPEN
Review article

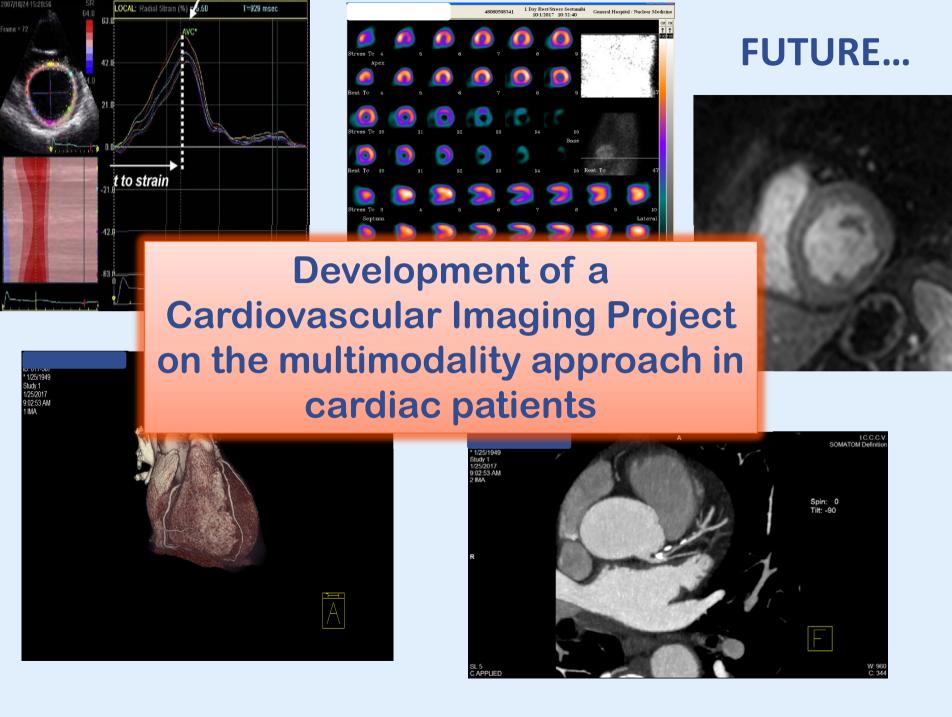
Nuclear Medicine

Nuclear medicine in the management of patients with heart failure: guidance from an expert panel of the International Atomic Energy Agency (IAEA)

Amalia Peix<sup>b</sup>, Claudio Tinoco Mesquita<sup>c</sup>, Diana Paez<sup>a</sup>, Carlos Cunha Pereira<sup>d</sup>, Renata Felix<sup>e</sup>, Claudia Gutierrez<sup>g</sup>, Rodrigo Jaimovich<sup>i</sup>, Barbara Maria lanni<sup>f</sup>, Jose Soares Jr<sup>f</sup>, Pastor Olaya<sup>h</sup>, Ma. Victoria Rodriguez<sup>j</sup>, Albert Flotats<sup>k</sup>, Raffaele Giubbini<sup>l</sup>, Mark Travin<sup>m</sup> and Ernest V. Garcia<sup>n</sup>

Nuclear Medicine Communications 2014, 35:818-823





## Thank you!

